

A Christmas gift 2026

I started to write yet another 1 page article when I received a knock at the door from Amazon. They delivered a book that a friend had recommended to me and I immediately got engrossed in it !

I quickly realised that the book was putting the meat on the bones of what I'd started to write and was doing it beautifully – so here is the book instead:

<https://www.amazon.co.uk/dp/0988298376>

Don't read it unless you want to change...

Best wishes & Merry Christmas,

Gary